



# "SCOUT SHEET"

Know your enemy. Find video of someone you want to wrestle and beat. Fill this out and return to [myrmidonwrestling@gmail.com](mailto:myrmidonwrestling@gmail.com)

WEIGHT CLASS \_\_\_\_\_ NAME \_\_\_\_\_

NEUTRAL POSITION

Favorite Set

Ups: \_\_\_\_\_

Takedowns Used: \_\_\_\_\_

Counters

Used: \_\_\_\_\_

How can we take him down? \_\_\_\_\_

TOP

Breakdowns Used: \_\_\_\_\_

Favorite

Rides: \_\_\_\_\_

Pinning

Combinations: \_\_\_\_\_

Best Escape Against

Him? \_\_\_\_\_

BOTTOM

First

Escape \_\_\_\_\_

How Can We Pin Him? \_\_\_\_\_