

PANTHER ELITE/MYRMIDON



DEVELOPMENTAL FALL CAMP

TWO 2-WEEK SESSIONS

SESSION 1: OCT. 1-3 & OCT. 8-10

SESSION 2: OCT. 15-17 & OCT. 22-24

DAYS: TUESDAY AND THURSDAY

TIMES: K-2ND MEETS 5PM-6PM

3RD-6TH GRADE MEETS 6PM-7PM

COST*: (REGISTER BY WHAT GRADE YOU ARE ENTERING) \$20/SESSION OR \$35 FOR ALL FALL SESSIONS

*ALL SIBLINGS ARE HALF PRICED.

SESSION 1: TAKEDOWNS

SESSION 2: TOP AND BOTTOM

LOCATION: WEST OTTAWA HIGH SCHOOL

REGISTER AT WWW.WESTOTTAWAWRESTLING.COM

LEARN WRESTLING BEFORE THE SEASON STARTS

ALL CAMPERS ARE ALSO SIGNED UP FOR OUR MYRMIDON ATTACK BAND TOURNAMENT ON OCTOBER 20 TO TEST THEIR SKILLS.

ANY QUESTIONS CONTACT COACH LANCASTER AT LANCASTERR@WESTOTTAWA.NET

MYRMIDONTRAINED.COM

