



MICHIGAN USA WRESTLING

Michigan's Leader in Freestyle and Greco-Roman



2019 USA WRESTLING CADET/JUNIOR NATIONALS

JULY 12-19 FARGO, ND

Financial Breakdown for Athletes

- **Cadet/Junior National Duals Participant BASIC- (\$350)**
 - This package includes: Coaching Fees, Officials Fees, Camps and Clinics Fees, Tournament Entry Fees
- **Cadet/Junior National Duals Participant PLUS- (\$480)**
 - This package includes: Coaching Fees, Officials Fees, Camps and Clinics Fees, Tournament Entry Fees, and additional RUDIS gear package.
- **Non-National Duals Participant BASIC- (\$435)**
 - This package includes: Singlets, Coaching Fees, Officials Fees, Camps and Clinics, and Tournament Entry Fees.
- **Non-National Duals Participant PLUS- (\$565)**
 - This package includes all items in the basic package plus a full gear package from RUDIS.

Athlete Transportation/Lodging

For athletes competing in Fargo at the Cadet and Junior Nationals, it is not required that athletes travel and stay with the team. However, MUSAW will provide options to those in need of transportation to/from Fargo and will use the North Dakota State University housing for athletes in need. Below is the financial breakdown for those needing this:

HOUSING: Housing is available at \$45 per day with a minimum of 5 days staying in campus housing.

TRANSPORTATION: The transportation schedule is TBA. Vans will be traveling from Michigan to North Dakota for this competition. For any athlete needing transportation, the cost is \$125 per individual.

Athlete Fundraising Information

Checks should be made out to MUSAW and include the wrestler's name in the memo line. You will be provided information on payment dates and locations along with the 2018 National Team Practice Schedule.

Fundraising for more than the amount due will not result in a refund to the wrestler/parent. It is a donation made to Michigan USA Wrestling and can be used as a Tax write-off. Therefore, if you raise additional funds, they can be applied to another wrestler of your choice or can go to the MUSAW general fund. Funds will not be carried over to another season.

Questions

For those with questions regarding this trip, please contact the following representatives:

2019 Cadet National Team- Al Freeman

E-mail: afreeman@azimuthcap.com Phone: 248-863-6388

2019 Junior National Team- Jerry Lajoie

E-mail: frenchy49735@yahoo.com Phone: 989-619-5098

2019 Women's National Team- Cliff Cushard

E-mail: ccushard@adrian.edu Phone: 734-260-9862



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US Marine Corps/USAW Junior Nationals Schedule

Thursday, July 11th

Pre-tournament Registration for ON CAMPUS TEAMS ONLY and Officials

(FargoDome – Rooms 201-203)

3:00 PM to 9:00 PM

Mats Open for Workouts

(Benson Bunker)

3:00 PM to 9:00 PM

Friday, July 12th

Pre-tournament All Teams and Official Registration

(FargoDome – Rooms 201-203)

9:00 AM to 9:00 PM

Mats Open for Workouts

(Benson Bunker)

9:00 AM to 9:00 PM

16U Freestyle Medical Check and Weigh-in

(FargoDome Southwest Concourse)

5:00 PM

ATTENTION COACHES/TEAM LEADERS

Weigh-ins for 16U Freestyle will begin at 5:00 PM. All wrestlers must be in the weigh-in area* by 5:00 PM and must remain in the area until he has weighed in. Once all wrestlers who were in the weigh-in area at the beginning of weigh-ins have weighed in, the weigh-in will be deemed complete and no other wrestlers will be allowed to weigh in. No weight reduction practices shall be allowed once weigh-ins begin at 5:00 PM.

** = Weigh-in area for 16U/Junior Nationals is deemed to be the seating sections of 9-12 and/or the area under the bleachers on the west side of the FargoDome (area where athletes stage for medical checks before weighing in).*

16U (cadet) Women Freestyle Medical Check and Weigh-in

(FargoDome Southwest Concourse)

5:30 PM

ATTENTION COACHES/TEAM LEADERS

Weigh-ins for 16U Women Freestyle will begin at 5:30 PM. All wrestlers must be in the weigh-in area* by 5:30 PM and must remain in the area until she has weighed in. Once all wrestlers who were in the weigh-in area at the beginning of weigh-ins have weighed in, the weigh-in will be deemed complete and no other wrestlers will be allowed to weigh in. No weight reduction practices shall be allowed once weigh-ins begin at 5:30 PM.

** = Weigh-in area for 16U/Junior Nationals is deemed to be the seating sections of 9-12 and/or the area under the bleachers on the west side of the FargoDome (area where athletes stage for medical checks before weighing in).*



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Saturday, July 13th

Mats Open for Workouts

(Benson Bunker)

9:00 AM to 9:00 PM

16U (cadet) Freestyle: Session I – Preliminaries and Consolations

(FargoDome – Main Floor)

9:00 AM to 1:00 PM

16U (cadet) Women Freestyle: Session I – Preliminaries and Consolations

(FargoDome – Main Floor)

9:00 AM to 1:00 PM

16U (cadet) Freestyle: Session II – Preliminaries, Consolations

(FargoDome – Main Floor)

3:00 PM to 7:00 PM

16U (cadet) Women Freestyle: Session II – Quarter-Finals, Semi-Finals and Consolations

(FargoDome – Main Floor)

3:00 PM to 7:00 PM

Junior Freestyle Medical Check and Weigh-in

(FargoDome – Southwest Concourse)

7:15 PM

ATTENTION COACHES/TEAM LEADERS

Weigh-ins for Junior Freestyle will begin at 7:15 PM All wrestlers must be in the weigh-in area* by 7:15 PM and must remain in the area until he has weighed in. Once all wrestlers who were in the weigh-in area at the beginning of weigh-ins have weighed in, the weigh-in will be deemed complete and no other wrestlers will be allowed to weigh in. No weight reduction practices shall be allowed once weigh-ins begin at 7:15 PM.

** = Weigh-in area for 16U/Junior Nationals is deemed to be the seating sections of 9-12 and/or the area under the bleachers on the west side of the FargoDome (area where athletes stage for medical checks before weighing in).*

Sunday, July 14th

16U (cadet) Freestyle 2ND Medical Check & Weigh-in [+2 lbs]

(FargoDome Southwest Concourse)

7:00 AM

ATTENTION COACHES/TEAM LEADERS

Weigh-ins for 16U Freestyle will begin at 7:00 AM. All wrestlers must be in the weigh-in area* by 7:00 AM and must remain in the area until he has weighed in. Once all wrestlers who were in the weigh-in area at the beginning of weigh-ins have weighed in, the weigh-in will be deemed complete and no other wrestlers will be allowed to weigh in. No weight reduction practices shall be allowed once weigh-ins begin at 7:00AM.

** = Weigh-in area for 16U/Junior Nationals is deemed to be the seating sections of 9-12 and/or the area under the bleachers on the west side of the FargoDome (area where athletes stage for medical checks before weighing in).*



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16U (cadet) Freestyle: Session III - Quarterfinals and Consolations

(FargoDome - Main Floor)

9:00 AM to 1:00 PM

16U (cadet) Women Freestyle: Session III – Consolations-Semi (IF NEEDED)

(FargoDome - Main Floor)

9:00 AM to 10:00 AM

Junior Men's Freestyle: Session I - Preliminaries and Consolations

(FargoDome - Main Floor)

9:00 AM to 1:00 PM

Mats Open for Workouts

(Benson Bunker)

12:00 PM to 7:00 PM

16U (cadet) Women Freestyle: Session IV - Finals, Medal Matches & Awards

(FargoDome - Main Floor)

1:30 PM to 4:00 PM

16U (cadet) Freestyle: Session IV - Semifinals, Consolations and Consolation Semifinals

(FargoDome - Main Floor)

4:30 PM to 8:30 PM

Junior Men's Freestyle: Session II - Preliminaries and Consolations

(FargoDome - Main Floor)

4:30 PM to 8:30 PM

Monday, July 15th

Junior Freestyle 2ND Medical Check and Weigh-in [+ 2 LBS]

(FargoDome Southwest Concourse)

7:00 AM

ATTENTION COACHES/TEAM LEADERS

Weigh-ins for Junior Freestyle will begin at 7:00 AM. All wrestlers must be in the weigh-in area* by 7:00 AM and must remain in the area until he has weighed in. Once all wrestlers who were in the weigh-in area at the beginning of weigh-ins have weighed in, the weigh-in will be deemed complete and no other wrestlers will be allowed to weigh in. No weight reduction practices shall be allowed once weigh-ins begin at 7:00AM.

** = Weigh-in area for 16U/Junior Nationals is deemed to be the seating sections of 9-12 and/or the area under the bleachers on the west side of the FargoDome (area where athletes stage for medical checks before weighing in).*

16U (cadet) Freestyle: Session V - Consolation Semifinals (IF NEEDED)

(FargoDome - Main Floor)

9:00 AM to 10:00 AM

Junior Men's Freestyle: Session III – 1/8 Championships, Quarterfinals & Consolations

(FargoDome - Main Floor)

9:00 AM to 12:30 PM



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Mats Open for Workouts

(Benson Bunker)

1:00 PM to 9:00 PM

16U (cadet) Freestyle: Session VI - Finals, Medal Matches & Awards

(FargoDome - Main Floor)

1:00 PM to 4:00 PM

Junior Men's Freestyle: Session IV — Semifinals, Consolations and Consolation Semifinals

(FargoDome - Main Floor)

5:00 PM to 8:30 PM

Junior Women Freestyle Medical Check and Weigh-in

(FargoDome – Southwest Concourse)

6:30 PM

ATTENTION COACHES/TEAM LEADERS

Weigh-ins for Junior Women Freestyle will begin at 6:30 PM. All wrestlers must be in the weigh-in area* by 6:30 PM and must remain in the area until she has weighed in. Once all wrestlers who were in the weigh-in area at the beginning of weigh-ins have weighed in, the weigh-in will be deemed complete and no other wrestlers will be allowed to weigh in. No weight reduction practices shall be allowed once weigh-ins begin at 6:30 PM.

** = Weigh-in area for 16U/Junior Nationals is deemed to be the seating sections of 9-12 and/or the area under the bleachers on the west side of the FargoDome (area where athletes stage for medical checks before weighing in).*

Tuesday, July 16th

Mats Open for Workouts

(Benson Bunker)

9:00 AM to 9:00 PM

Junior Freestyle: Session V - Consolation Semifinals (IF NEEDED)

(FargoDome - Main Floor)

9:00 AM to 10:00 AM

Junior Women: Session I - Preliminaries and Consolations

(FargoDome - Main Floor)

9:00 AM to 12:00 PM

Junior Freestyle: Session VI - Finals, Medal Matches & Awards

(FargoDome - Main Floor)

1:00 PM to 4:00 PM

Junior Women Freestyle: Session II - 1/8 Championship, Quarterfinals and Consolations

(FargoDome - Main Floor)

4:00 PM to 7:00 PM

16U (cadet) Greco-Roman Medical Check and Weigh-in

(FargoDome Southwest Concourse)

4:30 PM

ATTENTION COACHES/TEAM LEADERS

Weigh-ins for 16U Greco-Roman will begin at 4:30 PM. All wrestlers must be in the weigh-in area* by 4:30 PM and must remain in



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the area until he has weighed in. Once all wrestlers who were in the weigh-in area at the beginning of weigh-ins have weighed in, the weigh-in will be deemed complete and no other wrestlers will be allowed to weigh in. No weight reduction practices shall be allowed once weigh-ins begin at 4:30 PM.

** = Weigh-in area for 16U/Junior Nationals is deemed to be the seating sections of 9-12 and/or the area under the bleachers on the west side of the FargoDome (area where athletes stage for medical checks before weighing in).*

Wednesday, July 17th

Junior Women Freestyle: Session III Semifinals, Consolation, and Consolation Semifinals

(FargoDome - Main Floor)

9:00 AM to 12:00 PM

16U (cadet) Greco-Roman: Session I - Preliminaries and Consolations

(FargoDome - Main Floor)

9:00 AM to 1:00 PM

Mats Open for Workouts

(Benson Bunker)

9:00 AM to 7:00 PM

Junior Women Freestyle: Session IV Finals, Medal Matches & Awards

(FargoDome - Main Floor)

1:30 PM to 4:30 PM

Junior Greco-Roman Medical Check and Weigh-in

(FargoDome Southwest Concourse)

4:00 PM

ATTENTION COACHES/TEAM LEADERS

Weigh-ins for Junior Greco-Roman will begin at 4:00 PM. All wrestlers must be in the weigh-in area* by 4:00 PM and must remain in the area until she has weighed in. Once all wrestlers who were in the weigh-in area at the beginning of weigh-ins have weighed in, the weigh-in will be deemed complete and no other wrestlers will be allowed to weigh in. No weight reduction practices shall be allowed once weigh-ins begin at 4:00 PM.

** = Weigh-in area for 16U/Junior Nationals is deemed to be the seating sections of 9-12 and/or the area under the bleachers on the west side of the FargoDome (area where athletes stage for medical checks before weighing in).*

16U (cadet) Greco-Roman: Session II - 1/8 Championship, Quarter-Final and Consolations

(FargoDome - Main Floor)

5:00 PM to 9:00 PM

Thursday, July 18th

Mats Open for Workouts

(SW Corner of Fargo Dome)

9:00 AM to 9:00 PM

16U (cadet) Greco-Roman: Session III Semi-Finals and Consolation

(FargoDome - Main Floor)

9:00 AM to 12:00 PM



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USA **wrestling**

2019 USMC CADET AND JUNIOR NATIONALS (MENS AND WOMENS)

ATHLETE NAME					
USA CARD #					
ATHLETE D.O.B.					
PHONE NUMBER					
STREET ADDRESS					
CITY, STATE, ZIP					
ATHLETE E-MAIL					
PARENT NAME					
PARENT PHONE #					
PARENT E-MAIL					
2019 GRADE	8	9	10	11	12
HIGH SCHOOL					
COACH NAME					
2019 SUMMER COMPETITION WEIGHT					

PLEASE LIST YOUR PREVIOUS WRESTLING ACCOMPLISHMENTS BELOW

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