

2019-2020

# WEST OTTAWA PANTHER WRESTLING MEDIA GUIDE



[westottawawrestling.com](http://westottawawrestling.com)

#pantherstyle

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## ***Quick Facts***

### ***General Information***

Type.....	Public
Superintendent.....	Thomas Martin
Principal.....	Jason Reinecke
Grades.....	9-12
Enrollment.....	2340 (2013-2014)
Color(s).....	Black and White
Athletics Conference.....	Ottawa-Kent Red
Class.....	Class A, Division 1
Mascot.....	Panthers
Website.....	westottawawrestling.com

### ***WO Coaching Staff***

Head Coach.....	Ryan Lancaster (GVSU '09)
Email.....	lancasterr@westottawa.net
Seasons at WO.....	Fifth Season
Career Record.....	59-72
Assistant Coach.....	Mathias Sarli
Assistant Coach.....	Keenan Montoya

### ***WO Wrestling History***

First Year.....	1966
Academic All State.....	4
MHSAA District Titles.....	4
Team Titles.....	25
Conference Champions.....	33
State Qualifiers.....	35



# *19-20 Competition Schedule*

## *Varsity Schedule*

12.04.19 Black N' White Night (Scrimmage)  
12.07.19 Battle for the Bridge (Scrimmage)  
12.11.19 @ Hesperia Quad  
12.14.19 @ Gene Krai Memorial (Zeeland West)  
12.21.19 @ Tim Horn Invite (Holland)  
12.28.19 @ Holiday Quad (Forest Hills Central)  
01.03.20 @ Caledonia  
01.04.20 @ Tiger Duals (Gobles)  
01.11.20 @ Michigan Duels (Bay City Western)  
**01.15.20 vs. Grandville**  
**01.18.20 vs West Ottawa Duals**  
01.22.20 @ East Kentwood  
01.25.20 @ Randy Jacobs Duals (Montague)  
**01.29.20 vs. Rockford**  
02.01.20 @ Chippewa Hills  
02.05.20 @ Grand Haven  
02.07.20 @ OK Red Conference (Rockford)  
02.12.20 MHSAA Team District  
02.15.20 MHSAA Individual District  
02.19.20 MHSAA Team Regional  
02.22.20 MHSAA Individual Regional  
02.28.20 MHSAA Team State Final  
03.06.20 MHSAA Individual State Final

## *Junior Varsity Schedule*

12.04.19 Black N' White Night (Scrimmage)  
12.07.19 Battle for the Bridge (Scrimmage)  
12.11.19 @ Hesperia Quad  
12.13.19 @ Lakewood Odessa  
12.28.19 @ Holiday Quad (Forest Hills Central)  
01.03.20 @ Caledonia  
01.11.20 @ Lakewood Odessa  
**01.15.20 vs. Grandville**  
**01.17.20 vs West Ottawa JV Invite**  
01.22.20 @ East Kentwood  
**01.29.20 vs. Rockford**  
02.01.20 @ Grand Haven Invite  
02.05.20 @ Grand Haven

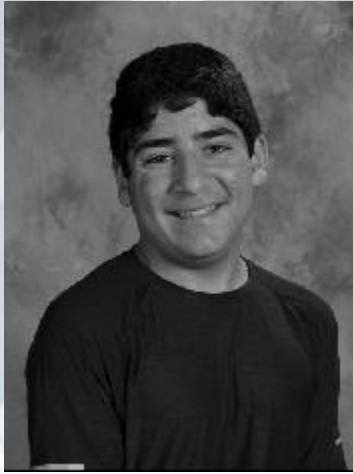
## *Girls Varsity Schedule*

12.21.19 Kent County Classic  
**01.17.20 West Ottawa Girls Invite**  
01.25.20 Ron Russo Classic  
02.02.20 MWA Girls State Finals





# ***19-20 West Ottawa Wrestling Roster***



**RJ AILES**  
**SOPHOMORE**



**SANTOS AJPOP**  
**JUNIOR**



**GEORGE BEKMETJEV**  
**SOPHOMORE**



**ELIAS BOCANEGRA**  
**FRESHMAN**



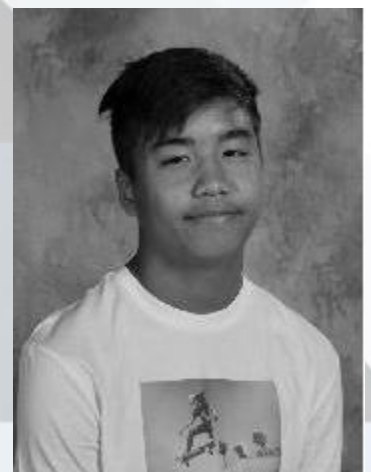
**MICHAEL BROWER**  
**JUNIOR**



**TRALE BUMSTEAD**  
**FRESHMAN**



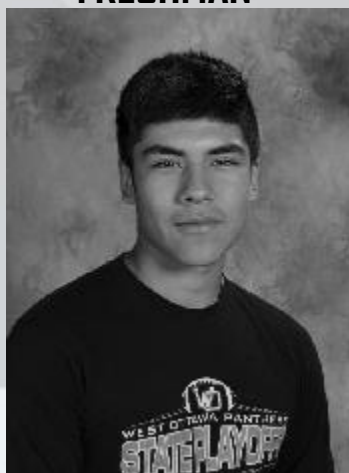
**EMILIO CASTANEDA**  
**SOPHOMORE**



**AVONT CHANTHALANON**  
**FRESHMAN**



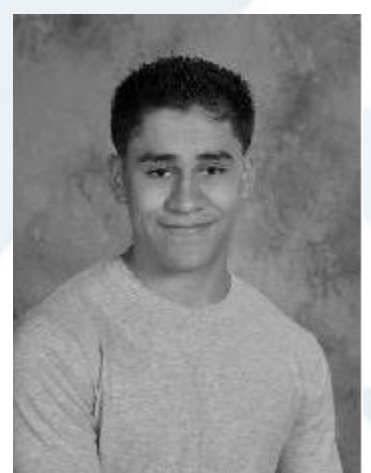
**DAVID CRUZ**  
**JUNIOR**



**SANTOS DE LA ROSA**  
**JUNIOR**



**ROBERT ESQUIVEL**  
**FRESHMAN**



**RICARDO FLORES**  
**JUNIOR**

# ***19-20 West Ottawa Wrestling Roster***



**OWEN FOSTER  
FRESHMAN**



**JAKOB GAYTAN  
FRESHMAN**



**WILLIAM GOODBOO  
SOPHOMORE**



**MATHEW HAKKEN  
JUNIOR**



**TERRELL HAWKINS  
FRESHMAN**



**ADRIAN HERNANDEZ  
FRESHMAN**



**LOGAN HORNSHAW  
SENIOR**



**ITO HUERTA  
FRESHMAN**



**VINCENT JANG  
FRESHMAN**



**MOHSAWN KIRKLAND  
SOPHOMORE**



**RILEY KUIPERS  
SENIOR**



**MAYSON LEVANDOSKI  
SOPHOMORE**



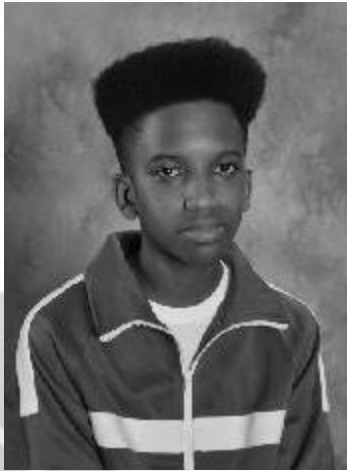
# ***19-20 West Ottawa Wrestling Roster***



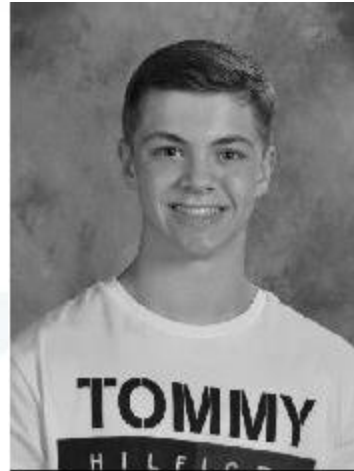
**LOGAN LEWIS  
JUNIOR**



**ALIAS MAD  
FRESHMAN**



**QUINCY MOYD  
FRESHMAN**



**TREVOR PELL  
SOPHOMORE**



**AARON PHETRIRATH  
FRESHMAN**



**CHRISTIAN QUINTANILLA  
JUNIOR**



**OMAR SALAS  
SOPHOMORE**



**JULIO SANCHEZ  
SOPHOMORE**



**ETHAN SCHULZ  
FRESHMAN**



**ALEXIS SERRANO  
FRESHMAN**



**JAICOB UN  
FRESHMAN**



**ANDREW VAN DYKE  
SOPHOMORE**

# ***19-20 West Ottawa Wrestling Roster***



**BAYLIN VANDERWAL  
FRESHMAN**



**LOGAN VOLAKAKIS  
SOPHOMORE**



**KENNETH ZWAGERMAN  
FRESHMAN**

# ***19-20 West Ottawa Girls Wrestling Roster***



**IZABELLA COLUNGA  
FRESHMAN**



**KAITLYNN HECK  
FRESHMAN**

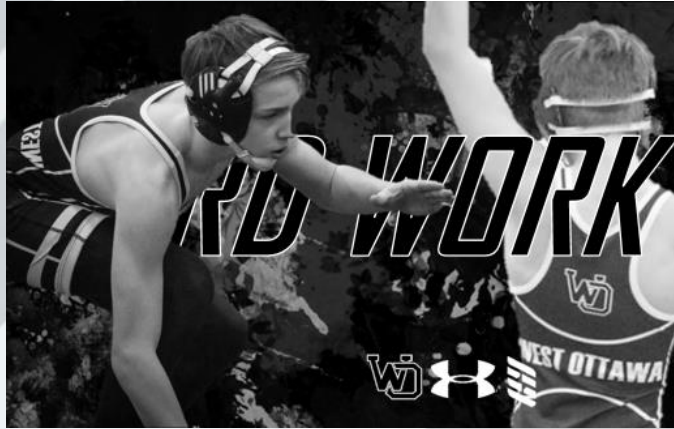


**MARITZA RODRIGUEZ  
FRESHMAN**



**ASH SILVA  
FRESHMAN**

# ***Meet the Panthers – OWEN FOSTER***



The saying goes that it takes a village to raise a person. Well, if that is true, Owen is the mayor of that village. Seldom the man to turn down a challenge, we sat down with Owen to discuss his big debut at the high school, his dedicated regiment, and his experience at the national level.

## **How did you prepare for this season?**

*To prepare for this upcoming season, especially being my first High School wrestling season, I have done multiple things. The first one, and most likely, the best thing was working out over the summer. This summer I really focused on lifting, primarily keeping a good schedule with lifting to reach my full potential and strength for the season. I lifted through the West Ottawa Wrestling Weight Training Program set up by Dr. Nadolsky, and it showed really good results. Another thing I did to prepare for the upcoming season was running cross-country throughout the summer and this fall. Cross-country is one of the best conditioning sports I could do to help increase lung capacity, and get me in good shape for the season. It helps with keeping a good mindset, to always keep going, even if it hurts. It has helped my mental game a lot because of the adversity it makes me face when I am running at my hardest. Cross-Country will definitely help my mental game and conditioning for the season. The final main thing to prepare me for the upcoming season was that I kept wrestling through the spring and summer through practices, camps, and competitions. During the spring I attended open mats at the High School, myrmidon practices and also competed at the Michigan Freestyle/Greco states. During the summer I also attended Myrmidon, trained up at Muskegon Community College through Jayhawk wrestling, and went to multiple camps across the state. To name a few, the Hudson Wrestling Camp, Richmond Wrestling Camp, and West Ottawa's Wrestling Camp. I also competed in multiple events such as the Barn Brawl in Ludington, and the Beast of the Beach in Grand Haven.*

## **What has travel baseball helped your wrestling?**

*To be honest, travel baseball didn't fully help my wrestling, as much as wrestling has helped my baseball skills. From positioning to explosiveness on the field, it all comes back to wrestling. When fielding grounders, the ready position is extremely similar to a wrestling stance. Being a wrestler, allows me to have really good footwork and explosiveness in that position. This corresponds to everything in baseball, from catching and pitching, and batting.*

## **How was the wrestling combine at Cornell?**

*The wrestling combine at Cornell University was an extremely cool experience. I got to train with some of the best kids in the country under some of the best coaches in the country. The people there pushed me and showed me that I can compete at a high level, but I still have a lot to work on to become the best wrestler I can be. There was high-level technique, but also basic technique, which cemented the fact that basic moves and positions are just as important, if not more, than advanced ones. I also got to explore the campus of Cornell, which was absolutely stunning.*

## **What are some of the hurdles you have to face?**

*Throughout my career in wrestling, I have faced many hurdles. One hurdle I have overcome is placing at MYWAY states, which I finally achieved last season. I had qualified for states the previous two years but always lost in the blood round to get to the finals. Last season, I did not want that to happen again. I worked on my technique in the off-season and in season, constantly drilling (meaning missing some games at practice). I pushed myself to my limits knowing that it will pay off in the end. Due to my hard work, I achieved my goal and passed a major hurdle in my career. Another hurdle that I will face this season, one that I have not overcome is competing and winning in the OK Red. Coming into the season, many kids I have lost to, or wrestle close matches with will be wrestling for schools in the OK Red. This season I have to really push myself and work to match and beat my opponents that I have had trouble with in the past. If I do this, I know I have a shot for an OK Red title and even a state title.*

## **What has been like transitioning from middle school?**

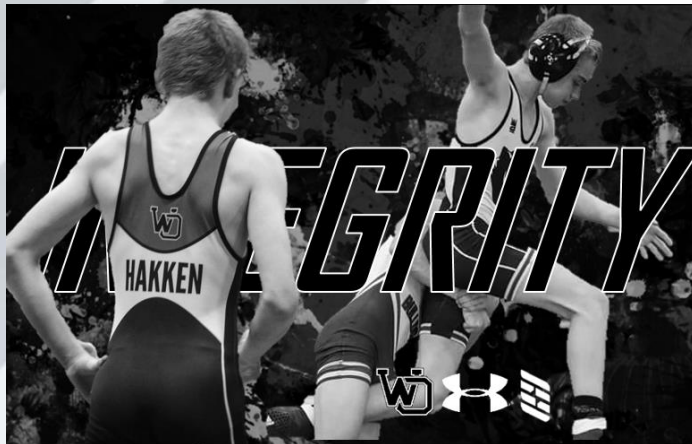
*The transition from middle school to high school hasn't been as tough as it could have been. The walking between buildings and changes in schedule from normal to seminar days hasn't been very hard for me. The main aspect of the transition that was difficult was the workload of homework and projects, as well as managing my time so that I can turn everything in and maintain my grades. I have already learned that procrastination cannot happen.*

## **Who is your wrestling hero?**

*Personally, I don't have much of a wrestling hero at this point in time. There are many extraordinary wrestlers right now, but the people I look up to most are my instructors and coaches that I've had through my years as a wrestler. They are the ones that have helped me, and shaped me into the wrestler I am today.*



# Meet the Panthers- MATHEW HAKKEN



It's one thing to build yourself into a champion; its a completely other thing to build up those around you as well. Mathew "Mad Dawg" Hakken has dedicated himself to the sport and the program at large. Any given day you'll find Mathew in the gym training or helping coach the next generation. Hakken opened up to us about his career at the national level, and his quest to be West Ottawa's next All-American.

## How did you prepare for this season?

I prepared for this season by learning from my matches last year. I watched the matches back, and saw what I needed to improve on by changing my style. I changed my mind set from a pure folkstyle mind set, to a freestyle/Greco Roman mindset. I feel like I wrestle better when I think of my matches as freestyle/Greco. I feel like I am a pretty strong Greco Roman wrestler, and if I think of what I might do in a Greco match I may have an advantage since a lot of people in West Michigan are not as familiar with Greco. I also prepared by competing in tournaments during the off season. I placed at States in both Freestyle and Greco Roman. Because I placed at the state level I was able to compete with Team Michigan again this summer. I was able to practice with some of the best kids in Michigan every weekend, and get coach by some great coaches from around the state. I traveled around the country this spring and summer to compete at the National level. I competed this spring at the Folkstyle Nationals in Waterloo, Ia.. I also traveled to Fargo ND to compete at the Freestyle and Greco Roman National tournament. I also continued to practice at least 3 times a week at Myrmidon. I was able to get one on one training there by some of the best coaches in our area. I worked on not only physical training and drilling, but worked a lot on my mindset and making sure that I will have a strong, positive mindset for this up coming season.

## What was practicing at Myrmidon in the off-season?

Practicing at Myrmidon during the off-season consisted of both physical training, learning new technique, and changing my mental game. I mostly focused on Freestyle and Greco Roman wrestling this summer. By continuing to learn about different wrestling styles, this will give me an advantage over my competitors. I focused a lot on my mental game because that is where most matches are won or lost. If I can be stronger mentally than my opponent before we set on the mat, I will have a better chance of beating him when we step on the mat. I have coaches who have helped me realize that I can compete and beat the best kids locally and best around the country, and with them believing in me, it helps me believe in myself. Myrmidon also helps me build new friendships from kids who compete at different schools around the area and across the country. Some of my closest friends are from neighboring schools, and even from other states who workout with me over the summer months. Because I have been attending Myrmidon for a while, I am able to help teach some kids who are newer to the sport, or don't have as much experience as I may have with certain situations.

## How was the experience of wrestling at Fargo and Iowa?

The experience of wrestling in Waterloo and Fargo were great, challenging, and definitely a learning experience. Wrestling in Waterloo was very difficult, I was at the very low end of the weight class and competed against kids who were bigger, and stronger than I am. I learned that leading into a tournament you need to be at the top of your game, both physically and mentally. Fargo was also a learning experience. I competed against kids who were top in the country. I had matches that were against All American wrestlers, and was able to score on the wrestler who took first in my weight class. I learned that I am good enough to compete against them, and even have the chance to be an All American next year. This was a huge mental hurdle that I feel I am making progress on. Being able to travel around the country and have my family members from other states there was also very nice since they are not able to watch me wrestle live most of the year.

## What are some of the hurdles you have to face?

One of the main hurdles I face is athleticism. I have never been the fastest or strongest kid, so I have had to work harder than a lot of my competitors. Another hurdle I have is my mental game. Although I have grown this summer, it is still something I need to work on. I have to realize that I am good enough to compete against the kids who are maybe more naturally athletic than I am. I need to continue to get stronger both physically and mentally. I need to continue to work on not only my basic drills, but the techniques I have picked up over the last couple of years.

## What has been for motivation in the off season?

One of my main motivations during the off season has been Fargo. My ultimate goal is to be an All American, and in order to do that, I have to continue to train all year long. As much as I look forward to folkstyle season, it is only a stepping stone to where I want to go. For my folkstyle season I want to do better than I did last year during the High School season. I did better last year than my Freshmen year by making it to Regionals, but I would like to compete and place at the State level. So my main motivation is to keep getting better, and keep reaching for my ultimate goal of being All American.

## Who is your wrestling hero?

I would have to say that my coaches at Myrmidon are my wrestling heroes. Coach Jared Lancaster has taught me so much over the years. He has taught me how to stay strong even when I am feeling down, how to overcome my losses. He has shown me how to look at both my wins and losses and learn what I can do better next time so that I can continue to grow. Coach Aaron Parr-Basemer has shown me even though I am not as athletic as some of my opponents, by putting in the work I can compete with the "big dogs". He has shown me some moves that work well for lighter weight classes. He has shown me that being small is not a bad thing, and has given me a lot of tools that I can use to continue to improve. Both these coaches, as well as others at Myrmidon, have stood behind me, even when it is difficult. They have helped me realize that I am better than I think I am. They have supported me, mentally, physically and emotionally when I need it. All of my coaches have shown me what it means to not only be a great wrestler, but a great person. They have taught me lessons that will work not only on the mat, but will help me throughout my life time. I am truly grateful to not only call them my coaches, my heroes, but also my friends.

# ***Meet the Panthers- LOGAN HORNSHAW***



In a sport that breeds hard workers, it can sometimes be difficult to separate the truly exceptional from the pack. This is not the case for Logan Hornshaw. The tenacious senior looks to close out his career at West Ottawa as a champion. Logan opened up to us about his work ethic, wrestling in the sand, and the legacy he wished to leave behind.

## **How did you prepare for this season?**

*For this season, I have been weightlifting and doing conditioning all summer, with some greco-roman wrestling tournaments.*

## **What was sand wrestling like?**

*Sand wrestling is one of my personal favorite types of wrestling, shoving people into the sand and throwing, but it took days for the sand to go away.*

## **How has your brother being a wrestler impacted you?**

*My brother wrestled for about 4 years while I was in elementary school, I saw him as a guy who would never back down, so in 4th grade I started wrestling.*

## **What are some of the hurdles you have to face?**

*Hurdles I have had to face in wrestling was breaking the wall in my physical conditioning, starting up every season and you come back doing sprints and 3 mile runs and hard drilling and workouts, you hit a physical wall and end up breaking past that, but when you hit that wall you end up puking, sweating, and your body gives up on you, but the next day you can run faster, longer, and the workouts don't bother you.*

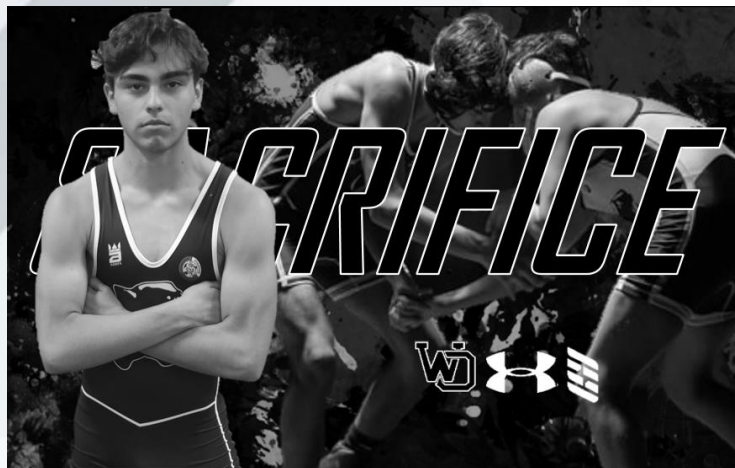
## **What would you like your legacy to be for the program?**

*I want my legacy to be known as someone who never backed down, never quit, and never broke.*

## **Who is your wrestling hero?**

*My wrestling hero was my dad who was one of the first wrestlers of his hometown high school.*

# Meet the Panthers- SANTOS AJPOP



They say football is a game of inches. The same can be said about the sport of wrestling; advancement made incremental over years of training. Junior Santos Ajpop has shattered that notion, improving in wrestling by leaps and bounds. In a mere 2 years, he has cemented himself as not only a varsity wrestler, but as a team leader. Ajpop opened up to us about his training regimen and what motivates him to excel.

## **How did you prepare for this season?**

*I prepared for this season by going to most of the off-season practices and getting in the room with Coach Keenan and attending Myrmidon and learning new techniques.*

## **What got you into wrestling?**

*I got into wrestling because I was ashamed of my athletic abilities and I was always interested in combat sports and always wanted to try one out and wrestling was a good opportunity.*

## **How were the open mat sessions this summer?**

*During the summer, I went to all the open mats that I could.*

## **What are some of the hurdles you have to face?**

*One of my hurdles was that sometimes there would be a scheduled open mat and I'd be busy. But thankfully Coach Keenan would make time so that I could get into the room and practice my technique and learn new things.*

## **What has been for motivation in the off-season?**

*My motivation for this season is to make it to Regional(s) and to advance my techniques.*

## **Who is your wrestling hero?**

*My wrestling hero is probably gonna be all my mentors because they give me a whole bunch of opportunities to improve in this sport and they give me more one on one mentoring than what other athletes would usually get.*



# ***2019 Season Recap***

## **09-26 OVERALL RECORD 6<sup>th</sup> IN OK RED CONFERENCE 2019 ACADEMIC ALL-STATE TEAM CAPTAINS**

- Mathew Hakken
- Gavin Hoefakker
- Riley Kuipers
- Julian Jimenez
- Logan Hornshaw
- Margarito Sanchez

## **REGIONAL QUALIFIERS**

- Mathew Hakken
- Emilio Castaneda
- Julian Jimenez

## **Zeeland West**

103 Mathew Hakken 4-0  
112 Emilio Castaneda 4-0  
160 Julian Jimenez 4-0

## **Tim Horn**

103 Mathew Hakken 5-0  
112 Emilio Castaneda 5-0  
160 Julian Jimenez 4-1  
171 Riley Kuipers 3-0

## **Gobles**

103 Mathew Hakken 5-0  
112 Mayson Levandoski 5-0  
130 Christian Quintanilla 5-0  
160 Julian Jimenez 5-0  
215 Santos de la Rosa 5-0  
119 David Cruz 4-1  
189 Margarito Sanchez 4-1  
285 William Goodboo 4-1

## **WO Duals**

160 Julian Jimenez 5-0  
103 Mathew Hakken 4-1  
171 Logan Hornshaw 4-1

## **Holt Invite**

103 Mathew Hakken 8<sup>th</sup>  
112 Mayson Levandoski 10<sup>th</sup>  
119 David Cruz 8<sup>th</sup>  
125 Santos Ajpop 8<sup>th</sup>  
160 Julian Jimenez 2<sup>nd</sup>  
171 Riley Kuipers 6<sup>th</sup>  
189 Margarito Sanchez 5<sup>th</sup>  
215 Santos de la Rosa 7<sup>th</sup>

## **Montague**

103 Mathew Hakken 5-0  
160 Julian Jimenez 5-0  
112 Emilio Castaneda 4-1  
130 Santos Ajpop 4-1  
189 Margarito Sanchez 4-1

## **OK Red Conference**

103 Mathew Hakken 4<sup>th</sup>  
160 Julian Jimenez 3<sup>rd</sup>  
215 Margarito Sanchez 4<sup>th</sup>

## **MHSAA District**

103 Mathew Hakken 4<sup>th</sup>  
112 Emilio Castaneda 4<sup>th</sup>  
160 Julian Jimenez 2<sup>nd</sup>

# ***2019 Season Records***

## **Wins**

Julian Jimenez 40  
Mathew Hakken 32  
Margarito Sanchez 25  
Santos De La Rosa 22  
Emilio Castenada 20

## **Takedowns**

Julian Jimenez 79  
Margarito Sanchez 47  
Mathew Hakken 32  
Emilio Castenada 28  
Logan Hornshaw 24

## **Escapes**

Julian Jimenez 61  
David Cruz 32  
Logan Hornshaw 28  
Christian Quintanilla 23  
Santos Ajpop 22

## **Reversals**

Julian Jimenez 20  
Riley Kuipers 17  
Mathew Hakken 14  
Emilio Castenada 12  
Margarito Sanchez 11

## **2pt. Nearfall**

Julian Jimenez 20  
Mathew Hakken 19  
Logan Hornshaw 8  
Riley Kuipers 5  
Margarito Sanchez 4  
Julio Sanchez 4

## **3pt. Nearfall**

Julian Jimenez 19  
Mathew Hakken 12  
Riley Kuipers 8  
Emilio Castenada 8  
Margarito Sanchez 5

## **Pins**

Julian Jimenez 17  
Mathew Hakken 17  
Margarito Sanchez 10  
Emilio Castenada 9  
Santos De La Rosa 9

## **Maj. Dec.**

Julian Jimenez 3  
Julio Sanchez 2  
Mathew Hakken 1  
Margarito Sanchez 1  
Emilio Castenada 1  
Riley Kuipers 1  
Santos Ajpop 1

## **Tech Falls**

Julian Jimenez 3  
Mathew Hakken 2  
Margarito Sanchez 1  
Christian Quintanilla 1

## **Team Points**

Julian Jimenez 195  
Mathew Hakken 173  
Margarito Sanchez 129  
Santos De La Rosa 123  
Emilio Castenada 93

# ***Team by the Numbers***

## **TAKEDOWNS**

**319 in 2019**  
344 in 2018  
909 in 2000

## **2PT NEARFALL**

**76 in 2019**  
65 in 2018  
139 in 1999

## **3PT NEARFALL**

**66 in 2019**  
189 in 2018  
229 in 2000

## **ESCAPES**

**267 in 2019**  
275 in 2018  
466 in 2000

## **REVERSALS**

**118 in 2019**  
133 in 2018  
219 in 2000

## **TEAM POINTS**

**1193 in 2019**  
1426 in 2018  
1737 in 2000

## **WINS**

**222 in 2019**  
269 in 2018  
362 in 2000

## **PINS**

**88 in 2019**  
105 in 2018  
155 in 2000

## **TECHNICAL FALLS**

**7 in 2019**  
17 in 2018  
27 in 2000

## **MAJOR DECISIONS**

**10 in 2019**  
20 in 2018  
52 in 2000

## **DUAL RECORD\***

09-071999  
12-06 2000  
12-10 2001  
11-14 2002  
11-19 2003  
14-13 2004  
14-14 2005  
13-09 2016  
18-17 2017  
19-19 2018  
**09-26 2019**

*\*Records Incomplete*

## **MOST TEAM POINTS SCORED IN A TOURNAMENT**

**321 in 2017 at Gobles**

## **TOURNAMENT CHAMPIONSHIPS IN A SEASON**

3 in 1999: Wyoming Park, Holland, and West Catholic  
3 in 2001: Dowagiac, West Ottawa, and Districts

## **MOST 1<sup>ST</sup> PLACE FINISHES IN TOURNAMENTS IN A SEASON**

**19 in 2017**  
19 in 1999

## **MOST REGIONAL QUALIFIERS IN A SEASON**

7 in 2000  
7 in 2001

## **LARGEST MARGIN OF VICTORY IN A DUAL**

**78-0 vs. Ottawa Hills on Jan. 11, 2017**

## **MOST STATE QUALIFIERS IN A SEASON**

4 in 1995  
4 in 2000  
4 in 2002  
4 in 2013

## **MOST STATE PLACERS IN A SEASON**

3 in 1995  
3 in 2002



# ***West Ottawa Records\**** *(Records Incomplete)*

## **District Champions**

1998  
2001  
2010  
2013

## **Team Championships**

Holland 1980  
West Ottawa 1981  
Wyoming Park 1994  
Sexton F.O.P. 1997  
Wyoming Park 1998  
Tim Horn 1999  
West Catholic 1999  
Wyoming Park 1999  
West Ottawa 2000  
Dowagiac 2001  
West Ottawa 2001  
Dowagiac 2001  
West Ottawa 2002  
Tri-County 2006  
Delton Kellogg 2009  
West Ottawa 2009  
West Ottawa 2010  
Reed City 2014  
Zeeland West 2015  
Reed City 2015  
Zeeland West 2016  
Gobles 2017  
Manistee 2018  
Manistee 2018

## **Academic All-State**

2016  
2017  
2018  
2019

## **Academic All-State**

Ethan Curtin 2016  
Jace Garza 2017

## **State Qualifiers**

Bill Joques 1968  
Virgil Payne 1968  
Tom Kruithoff 1968  
Steve Kruithoff 1970  
Joe Silva 1971  
Tom Devree 1973  
Brett Reed 1978  
Lance Lamar 1979  
Kip Plaggemars 1979  
Tom Medenorp 1984  
Herk Jordan 1987  
Tim Tietema 1988  
Tim Tietema 1991  
Eric Trurowski 1991  
Tony Walker 1991  
James Tietema 1993  
James Tietema 1994  
Ryan Kruithoff 1995  
Ryan Kruithoff 1998  
Jason Fuller 1999  
Jason Fuller 2000  
Troy Shults 2000  
Rick Morales 2000  
Rory Lancaster 2000  
Phil Tracy 2001  
Ryan Lancaster 2002  
John McClure 2004  
Kareem Naguib 2004  
Kareem Naguib 2005  
DJ Brandon 2016  
Auggie Mata 2010  
Gaven Daniels 2013  
Gage Keene 2013  
Nate Colvin 2013  
Ramon Correa 2014  
Jace Garza 2015  
Ethan Curtin 2015  
Ethan Curtin 2016

## **State Champions**

Karl Nadolsky 103 1995  
Rob Renes 275 1995  
James Tietema 160 1996  
Karl Nadolsky 152 1998  
Spencer Nadolsky 215 2001  
Michael McClure 285 2009

## **State Runner-Ups**

Rob Renes 275 1994  
Karl Nadolsky 125 1996  
Karl Nadolsky 135 1997  
Spencer Nadolsky 275 2002

## **State Placers**

James Tietema 1995 8th  
Ryan Kruithoff 1997 4th  
Cory Fuller 2001 7th  
Prescott Slee 2002 8th  
Jason Fuller 2002 3rd  
Prescott Slee 2003 7th  
John McClure 2004 5th  
Tony Phetdara 2006 6th  
Ben Sasamoto 2007 7th  
Michael McClure 2008 3rd  
Bob Blank 2008 6th  
Steven McClure 2009 6th  
Steven McClure 2010 5th  
Joey McClure 2011 5th  
Miguel Correa 2012 5th  
Miguel Correa 2013 4th  
Ramon Correa 2015 7th



# ***West Ottawa Records\**** *(Records Incomplete)*

## **Regional Champions**

Rob Renes	1994
Karl Nadolsky	1995
Rob Renes	1995
James Tietema	1995
James Tietema	1996
Karl Nadolsky	1997
Karl Nadolsky	1998
Jason Fuller	2000
Cory Fuller	2001
Spencer Nadolsky	2002
Michael McClure	2009
Miguel Correa	2012
Miguel Correa	2013

## **District Champions**

Lance Lamar	1979
James Tietema	1993
Rob Renes	1994
James Tietema	1994
Karl Nadolsky	1995
Rob Renes	1995
James Tietema	1995
Karl Nadolsky	1996
James Tietema	1996
Karl Nadolsky	1998
Jason Fuller	2000
Troy Shults	2000
Rick Moralez	2000
Phil Tracy	2001
Michael McClure	2009
Miguel Correa	2011
Miguel Correa	2012
Gage Keene	2013
Miguel Correa	2013
Jace Garza	2015
Ethan Curtin	2016

## **Conference Champions**

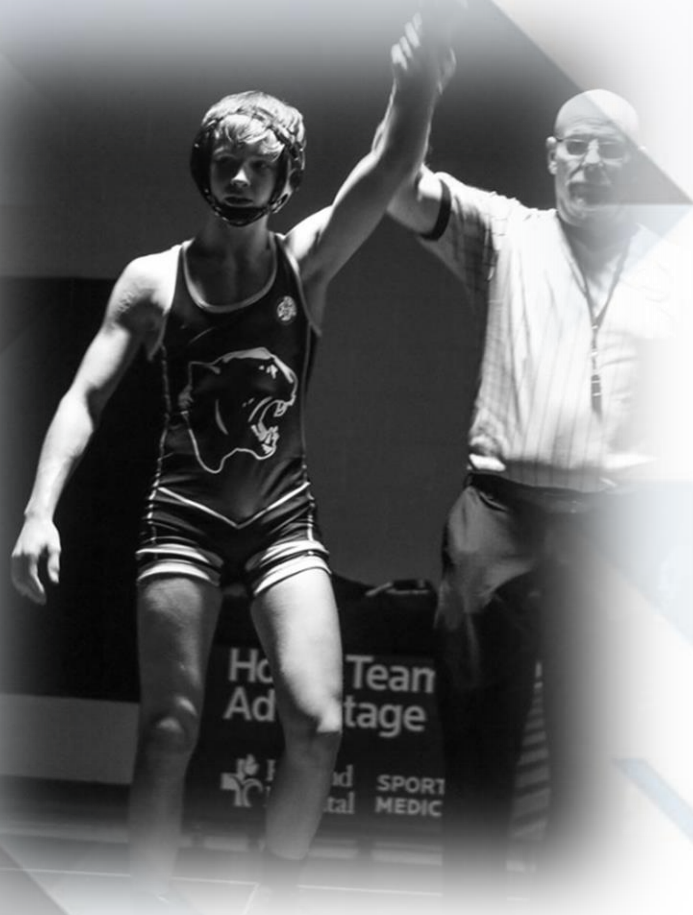
Kip Plaggemars	1979
Tom Adams	1981
Todd Medendorp	1984
Herk Jordan	1987
Eric Truczkowski	1991
Tony Walker	1991
Cameron Cox	1992
James Tietema	1994
Karl Nadolsky	1995
Rob Renes	1995
James Tietema	1995
Karl Nadolsky	1996
James Tietema	1996
Karl Nadolsky	1997
Karl Nadolsky	1998
Troy Shults	1999
Jason Fuller	2000
Troy Shults	2000
Jason Fuller	2001
Jason Fuller	2002
Prescott Slee	2002
John McClure	2004
Bob Blank	2005
Michael McClure	2009
Miguel Correa	2011
Gaven Daniels	2012
Miguel Correa	2012
Gage Keene	2013
Miguel Correa	2013
Jace Garza	2015
Ramon Correa	2015
Ethan Curtin	2016
Keenan Montoya	2016

## **100 Win Club**

Troy Shults
Cory Fuller
Spencer Nadolsky
Prescott Slee
John McClure
Jace Garza
Julian Jimenez

## **150 Win Club**

Karl Nadolsky
James Tietema
Jason Fuller



# ***West Ottawa Records\**** (Records Incomplete)

## **Takedowns- Season**

1.	Karl Nadolsky	(98)	476
2.	Prescott Slee	(02)	188
3.	Troy Shults	(00)	178
4.	Prescott Slee	(03)	151
5.	Kareem Naguib	(05)	139
6.	Phil Tracy	(01)	137
7.	Kareem Naguib	(04)	136
8.	Troy Shults	(99)	132
9.	Eric Yskes	(00)	113
10.	Spencer Nadolsky	(01)	103

## **Takedown- Career**

1.	Karl Nadolsky	(98)	1080
2.	Prescott Slee	(02)	443
3.	Kareem Naguib	(05)	331
4.	Troy Shults	(00)	310
5.	Spencer Nadolsky	(02)	255
6.	Phil Tracy	(01)	248
7.	John McClure	(04)	251
8.	Cory Fuller	(01)	227
9.	<b>Julian Jimenez</b>	<b>(19)</b>	<b>200</b>
10.	Jason Fuller	(02)	190

## **3-Point Nearfalls - Season**

1.	Wes Hook	(17)	54
2.	Troy Shults	(00)	43
3.	Jason Fuller	(01)	38
4.	Jason Fuller	(02)	38
5.	Prescott Slee	(03)	36
6.	Jason Fuller	(00)	35
7.	Rick Moralez	(99)	35
8.	Rick Moralez	(00)	33
9.	Kareem Naguib	(05)	32
10.	Prescott Slee	(02)	30

## **3-Point Nearfalls - Career**

1.	Jason Fuller	(02)	135
2.	Prescott Slee	(03)	91
3.	Troy Shults	(00)	71
4.	Cory Fuller	(01)	69
5.	Rick Moralez	(00)	68
6.	Kareem Naguib	(05)	66
7.	<b>Julian Jimenez</b>	<b>(19)</b>	<b>52</b>
8.	John McClure	(04)	47
9.	Rory Lancaster	(00)	37
10.	Eric Yskes	(00)	32
11.	Ryan Lancaster	(02)	28

## **2-Point Nearfalls - Season**

1.	Cory Fuller	(99)	26
2.	Jason Fuller	(00)	23
3.	Kareem Naguib	(05)	21
4.	Troy Shults	(99)	21
5.	Jason Fuller	(02)	20
6.	<b>Julian Jimenez</b>	<b>(19)</b>	<b>20</b>
7.	<b>Mathew Hakken</b>	<b>(19)</b>	<b>19</b>
8.	Troy Shults	(00)	19
9.	Rick Moralez	(00)	18
10.	Jason Fuller	(01)	17
11.	Prescott Slee	(02)	17

## **2-Point Nearfalls - Career**

1.	Jason Fuller	(02)	71
2.	Cory Fuller	(01)	53
3.	Prescott Slee	(03)	43
4.	<b>Julian Jimenez</b>	<b>(19)</b>	<b>43</b>
5.	Troy Shults	(00)	40
6.	Kareem Naguib	(05)	34
7.	Rick Moralez	(00)	31
8.	Rory Lancaster	(00)	21
9.	John McClure	(04)	20
10.	Ryan Lancaster	(02)	19

# ***West Ottawa Records\**** *(Records Incomplete)*

## **Reversals - Season**

1. Julian Jimenez	(17)	31
2. Eric Yskes	(00)	28
3. Dustin Overbeek	(99)	27
4. Eli Coffman	(00)	24
5. Kareem Naguib	(04)	24
6. Kareen Naguib	(05)	24
7. Zane Kingsbury	(04)	22
8. Rich Waldschmidt	(02)	22
9. Prescott Slee	(03)	22
10. Matt Jacobs	(02)	20
11. Ryan Lancaster	(02)	20
12. Bobby Blank	(05)	20
13. Kevin McClure	(05)	20

## **Reversals- Career**

<b>1. Julian Jimenez</b>	<b>(19)</b>	<b>78</b>
2. Kareem Naguib	(05)	67
3. Prescott Slee	(03)	63
4. Jason Fuller	(02)	60
5. Ryan Lancaster	(02)	52
6. Cory Fuller	(01)	48
7. Eric Yskes	(00)	45
8. Eli Coffman	(01)	40
9. Troy Shults	(00)	36
10. Mathias Sarli	(07)	32
11. Kevin Crosby	(05)	32

## **Escapes- Season**

1. John McClure	(02)	62
<b>2. Julian Jimenez</b>	<b>(19)</b>	<b>61</b>
3. Kevin Crosby	(05)	59
4. Eric Yskes	(00)	53
5. Matt Jacobs	(02)	52
6. Tim Spaulding	(01)	50
7. Isaiah Altamira	(16)	50
8. Keenan Montoya	(16)	50
9. Eli Coffman	(01)	49
10. Steve Andrews	(00)	47

## **Escape- Career**

<b>1. Julian Jimenez</b>	<b>(19)</b>	<b>168</b>
2. John McClure	(04)	123
3. Ryan Lancaster	(02)	120
4. Kareem Naguib	(05)	115
5. Kevin Crosby	(05)	105
6. Eli Coffman	(01)	91
7. Eric Yskes	(00)	90
8. Matt Jacobs	(02)	80
9. Prescott Slee	(03)	80
10. Tim Spaulding	(03)	75

## **Team Points- Season**

1. John McClure	(04)	252
2. Spencer Nadolsky	(02)	225
3. Spencer Nadolsky	(01)	222.5
4. Jason Fuller	(02)	214
5. Troy Shults	(99)	211
6. Troy Shults	(00)	211
7. Ethan Curtin	(16)	203
8. Jason Fuller	(01)	202.5
9. Prescott Slee	(00)	194
10. Jace Garza	(17)	193
11. Jason Fuller	(00)	188

## **Team Points- Career**

1. Jason Fuller	(02)	788
2. Prescott Slee	(03)	690.5
3. Spencer Nadolsky	(02)	543.5
4. John McClure	(04)	540
<b>5. Julian Jimenez</b>	<b>(19)</b>	<b>454</b>
6. Cory Fuller	(01)	432.5
7. Kareem Naguib	(05)	428
8. Ryan Lancaster	(02)	422
9. Troy Shults	(00)	422
10. Rick Morales	(00)	346



# West Ottawa Records\* *(Records Incomplete)*

## Wins- Season

1. Michael McClure (09) 55-0
2. Karl Nadolsky (98) 53
3. John McClure (04) 47
4. James Tietema (95) 46
5. James Tietema (96) 46
6. Karl Nadolsky (97) 45
7. Karl Nadolsky (96) 44
8. Spencer Nadolsky (02) 43
9. Spencer Nadolsky (01) 42
10. Prescott Slee (02) 42
11. Jason Fuller (02) 41
12. Rob Renes (95) 41-0
13. Troy Shults (00) 41
14. Prescott Slee (03) 41
15. Ethan Curtin (16) 41

## Wins-Career

1. Karl Nadolsky (98) 179
2. James Tietema (96) 163
3. Jason Fuller (02) 146
4. Prescott Slee (03) 138
5. Spencer Nadolsky (02) 110
6. Jace Garza (17) 109
7. Troy Shults (00) 106
8. John McClure (04) 106
9. **Julian Jimenez (19) 105**
10. Cory Fuller (02) 99

## Pins-Season

1. James Tietema (96) 35
2. John McClure (04) 31
3. Jason Fuller (02) 27
4. Spencer Nadolsky (02) 26
5. Spencer Nadolsky (01) 23
6. Jason Fuller (01) 20
7. John McClure (03) 20
8. Eric Yskes (00) 20
9. Tony Phetdara (05) 20
10. Zane Kingsbury (04) 18
11. CJ Sorrelle (18) 18

## Pins- Career

1. James Tietema (96) 100
2. Jason Fuller (02) 81
3. John McClure (04) 71
4. Spencer Nadolsky (02) 54
5. Prescott Slee (03) 53
6. Ryan Lancaster (02) 51
7. Cory Fuller (01) 38
8. Troy Shults (00) 33
9. Eric Yskes (00) 33
10. Kareem Naguib (05) 31

## Technical Falls-Season

1. Karl Nadolsky (98) 15
2. Prescott Slee (02) 9
3. Troy Shults (00) 8
4. Prescott Slee (03) 8
5. Troy Shults (99) 7
6. Wes Hook (17) 6
7. Jason Fuller (00) 6
8. Rick Morales (00) 5
9. Kareem Naguib (05) 5
10. Jason Fuller (02) 4
11. Cory Fuller (99) 4
12. Rick Morales (99) 4
13. Ethan Curtin (16) 4
14. Julian Jimenez (18) 4

## Technical Falls- Career

1. Karl Nadolsky (98) 25
2. Prescott Slee (03) 16
3. Troy Shults (00) 15
4. Jason Fuller (02) 15
5. Rick Morales (00) 8
6. Cory Fuller (01) 7
7. **Julian Jimenez (19) 7**
8. Kareem Naguib (05) 6
9. Rory Lancaster (00) 3
10. David Whalen (01) 3

# ***West Ottawa Records\**** (Records Incomplete)

## **Major Decisions- Season**

1. Troy Shults (00) 10
2. Kareem Naguib (04) 9
3. Prescott Slee (02) 8
4. Kareem Naguib (05) 8
5. Prescott Slee (03) 7
6. Phil Tracy (00) 7
7. Phil Tracy (01) 7
8. Julian Jimenez (18) 7
9. Jace Garza (17) 6
10. Jeff Carlson (99) 6
11. Cory Fuller (00) 6

## **Major Decisions- Career**

1. Kareem Naguib (06) 22
2. Prescott Slee (03) 20
3. Cory Fuller (01) 17
4. Troy Shults (00) 16
5. Spencer Nadolsky (02) 14
6. Phil Tracy (01) 14
- 7. Julian Jimenez (19) 14**
8. Jason Fuller (02) 13
9. Tim Spaulding (03) 11
10. David Whalen (01) 6
11. Rory Lancaster (00) 6

## **Next Level**

James Tietema MCC, Uof F  
 Karl Nadolsky MSU  
 Rory Lancaster MCC  
 Ryan Lancaster MCC GVSU  
 Spencer Nadolsky UNC  
 Prescott Slee Indiana  
 Mathias Sarli MCC  
 John McClure EMU  
 Kareem Naguib Binghamton  
 Michael McClure MSU  
 Miguel Correa GVSU  
 Nate Colvin GVSU  
 Ramon Correa MCC, Coker  
 Anthony Inthavong GVSU  
 Ethan Curtin MSU  
 Quinten Reid GVSU  
 Keenan Montoya Elmhurst  
 Jace Garza USMMA  
 Ethan Garcia Adrian

## **College All-American**

James Tietema 1999 NJCAA 2nd  
 James Tietema 2002 NCAA DII 7th  
 Ryan Lancaster 2008 NCWA 7th  
 Michael McClure 2014 NCAA D1 5th

## **All-American**

Karl Nadolsky USAW Cadet  
 Ryan Lancaster USAW Schoolboy 3rd  
 Spencer Nadolsky USAW Cadet  
 Michael McClure Sr. Nationals 2nd  
 Ramon Correa AAU Jr. Olympics



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